

THE LIONS' ROAR

Committee Updates

Welfare:

A finals week stress relief session will be held with Dr. Carl Ohlson in the MAC on Dec. 11th. The time is TBD.

How was your first semester with the new RARA rules? Let your team reps know if you have any questions or issues.

THON:

The Bake Sale will be Sunday and Monday (Nov. 10 & 11) of finals week from 7-10 p.m. in the MAC Café.

Thank you for collecting items for the THON auction and helping to promote it on social media.

The Lip Sync Battle is January 24. Talk to your team's reps to learn how to participate!

Special Events:

Our annual Baby Shower for the Centre County Women's Resource Center was held on November 29. Thank you to all the teams who participated and attended!

Donations for the Christmas Drive for Hearthside Nursing & Rehab are due in the MAC by December 8. Please have gifts wrapped and labeled with the resident's room number.

See you at the January 800 Strong games!

Communications:

For all the latest SAAB news, like our Facebook page and follow us on Twitter and Instagram: @PennStateSAAB.



December 2017 Edition

Student-Athlete Spotlight

Nathan Schiffmann | Men's Swimming



Making a tremendous splash this season for the men's swim team is freshman Nathan Schiffmann. Schiffmann is a mid-distance/distance freestyler from Bordeaux, France. Coming all the way from the other side of the Atlantic Ocean, he has been a thriving force for

the team, already acquiring multiple top-place finishes. Schiffmann currently has three No. 1 times for the team in the 200-yard freestyle (1:37.77), 500-yard freestyle (4:24.01) and 1,000-yard freestyle (9:26.43). He has consistently scored points for the Nittany Lions at every meet. Schiffmann earned a win in the 200 freestyle at the first home meet against the University of Virginia, second place in the 500 freestyle in a tri-meet against North Carolina State and Duke and was also a part of the men's 400-yard freestyle relay (along with Krigger, Castano, and O'Neil) that placed fourth against NC State and Duke. He currently has two NCAA "B-cuts" this season in the 200 freestyle and 500 freestyle, which he earned at the Ohio State Invitational this past month, ranking 39th in the 500 freestyle and 81st in the 200 freestyle at the national collegiate level. Outside of swimming, Schiffmann likes to surf with friends and spend time with his family. He really enjoys living in America and claims that his favorite part about the States is that people support each other instead of judging those who have high ambitions. "I also like the food", he remarks. When making a trip to the Creamery, he enjoys his favorite ice cream flavor, Chocolate Chip Cookie Dough. Taking on the beginning of his college career, this athlete is determined and excited to make his mark on Penn State swimming.

Megan Schafer | Women's Soccer

With three outstanding conference titles and a Big Ten tournament win under her belt, senior Megan Schafer has greatly helped lead the Nittany Lions to multiple successful seasons. Schafer is a forward from Langhorne, PA studying communication sciences and disorders and is a fierce player on the field. She has had



a phenomenal four seasons playing for Penn State, and this season alone, she acquired five goals, four assists, and a total of 14 points for the team. She totaled 30 goals and 17 assists over the course of her career. Within the senior class, Schafer ranks second in goals scored and first in assists. She was named Big Ten Co-Offensive Player of the Week and was named to the College Sports Information Directors of America (CoSIDA) Academic All-District Two First Team. For her work in the classroom, Schafer is a two-time recipient of Academic All-Big Ten and Big Ten Distinguished Scholar honors. The No. 10 and third-seeded Penn State women's soccer team ended the 2017 season with a loss to Stanford in the quarterfinal round of the NCAA Tournament, and it was a bittersweet way for Schafer to end her collegiate athletic career. Regardless of the loss, Schafer is extremely proud of the team and what they were able to accomplish this season. "I'm so grateful that I was given the opportunity to be a part of this program", Schafer remarked. "Playing at such a high level just makes it that much more fun when you can celebrate with your teammates...I didn't know it before, but my coach handpicked my best friends for me." Outside of the soccer field, Schafer enjoys reading with the limited downtime she has. On her breaks back home, she spends time with her six-year-old niece, who she calls her "mini me". As she is now officially a Penn State women's soccer alumna, she is enjoying her last school year at Penn State and savoring the relationships she has made over the years. She is also savoring her favorite Death by Chocolate flavored ice cream at the Creamery! Here's to a great career for Megan Schafer and an excellent season for the Penn State women's soccer team!

Upcoming SAAB Dates:

Dec. 4 - Reps Meeting - 8:30PM - 133 EALR

Dec. 8 - Hearthside Christmas Drive Donations Due - MAC

Dec. 10-11 - Finals Week Bake Sale - 7-10PM - MAC

Dec. 11 - Stress Relief Session with Dr. Ohlson - Time TBD - MAC

Jan. 10 - Women's Basketball 800 Strong Game - 7PM - BJC

Jan. 24 - Lip Sync Battle benefitting THON - Time TBD - HUB

Jan. 26-27 - Indoor Track & Field 800 Strong Meet - Multisport

THE LIONS' ROAR

DECEMBER EVENTS CALENDAR

Dec. 2-16 - Opening Doors: Contemporary African American Academic Surgeons - Life Sciences Library, 4th Floor, Paterno Library
(traveling exhibit showcasing surgical contributions)

***Welfare and Development Events**

***SAAB Events**

***Campus Events**

Dec. 4 - Reps Meeting - 8:30PM - EALR 133

Dec. 5 - Beaver Stadium Blood Drive - 11AM

Dec. 5 - Rough Cut Screening: NFL in London - 7-8PM - Foster Auditorium, Paterno Library

Dec. 5 - Radical Justice Speaker Series - 7PM - Freeman Auditorium

Dec. 6 - ADLI meeting - Open to all leader groups - 7:30PM - EALR

Dec. 6 - Philharmonic Orchestra - 7:30PM - Eisenhower Auditorium

Dec. 7 - Personal Respectability and Public Opinions of Police Shootings - 9:30-11AM - 124 Sparks Building

Dec. 8 - Hearthside Christmas Drive Donations Due - MAC

Dec. 8 - Resume Drop-In Workshops - 9AM-12PM - 006 MAC

Dec. 8 - The Arboretum at Penn State's Winter Celebration - 5PM

Dec. 10-11 - Finals Week Bake Sale - 7-10PM - MAC

Dec. 11-15 - FINALS WEEK

Dec. 11 - Stress Relief with Dr. Carl Ohlson - Time TBD - MAC

Dec. 21-23 - It's a Wonderful Life - State Theatre

Dec 21 & 22 - 4PM & 7:30PM

Dec 23 - 1PM, 4PM & 7:30PM

<http://thestatetheatre.org/kws-presents-its-a-wonderful-life/>



Student-athletes donated items to the Centre County Women's Resource Center at SAAB's annual Baby Shower.



Former Penn State football player Joey Julius spoke during Mental Health and Wellness Week.



Happy Holidays!



Teams participated in Fit For Fritz, an annual fundraiser for the American Cancer Society Hope Lodge of Central PA.



Penn State students-athletes had lunch and played games with PSU LifeLink students in the HUB during Lunch with the Lions.



Executive Editorial: Charlie Schuman, SAAB Treasurer

After sitting down this summer and discussing the goals that we wanted to set as a SAAB THON Committee, we talked about raising the most money that we ever have: \$65,000. The THON 2018 Executive Board has worked extremely hard to bring THON a brand new online giving platform. Our donor drive page is going to be beneficial as our 2018 SAAB THON Committee works toward reaching its monetary goal for THON weekend. We are going to be working on getting individual team pages in order to have a little friendly competition between our 31 varsity teams to benefit THON. Additionally, we have been hard at work putting on our THON Auction, which tends to be our biggest fundraiser every fall. We were able to collect items from almost every team and auction off a great lineup of packages. We look forward to having our Bake Sale at the beginning of finals week to help all of you finish the semester off on a strong note and stay as stress free as possible. We are so excited for what the coming months holds for our THON Committee and THON 2018, and as always, FTK!